

## The Blue Wave Taekwondo School IIc

## Things to know about testing!

- 1. <u>Be Early</u> if testing starts at 6:30 be at the gym by 6:15 at the latest so you can check in and review
- 2. <u>Don't forget to Check In</u> You may register and pay for you're testing fee anytime 2 weeks prior to the testing date or on the night of testing. This is required in order to test. Testing fees are as follows:
  - i. Testing for Yellow belt Red Stripe \$25
  - ii. Testing for Red Belt \$50
  - iii. Testing for Black Stripe \$75
- 3. <u>Don't forget your verbal</u> at the bottom of your goal sheet is verbal information you are required to know for you testing
- 4. <u>Don't be TOO nervous</u> remember you will be asked to do things you have practiced, if you are confident with your goal sheet information, you should have no problems.
- 5. <u>Attitude Counts</u> During testing be sure to answer loudly, and with confidence, be positive and simply give 110% effort.

*What if I fail my test?* – The only way to really fail is to not try again. If the testing board feels you have not demonstrated adequate understanding of the material, we may hold you back and have you try again the next time. Rank promotion is not a race, but more of a road map to help you get to black belt – where the REAL fun begins! (No – you will not be charged again for a re-test)